



# Newsletter

October 2021

Dear parents/carers,

Thank you for everybody that attended our summer fete, it was a great occasion and was lovely to see you all socialising with one another. We hope we will be able to host a festive event for you all in December to make up for the lack of socialising last Christmas.

Now that autumn has arrived and with the weather becoming colder, we have had some parents who have expressed that they want outdoor play and water play to be limited. Research shows that "During autumn and winter, more bugs and viruses tend to circulate. This leads to few children being able to make it through the colder weather without getting ill. Winter frequently gets a bad name for making children poorly, but the key reason for contracting germs is staying indoors and around people who are unwell. With little ventilation, germs are easily circulated, making children more susceptible to viruses. Playing outdoors in the fresh, chilly, open air can boost kids' immune systems, developing their ability to fight off infections and build resistance to allergies." If your child is displaying symptoms that they are unwell we would urge you to keep them at home where they will be able to rest and will not spread the germs to the rest of the children and staff. If your child has a symptom of COVID such as a cough, or fever we would strongly advise a PCR test, however we know that these symptoms are very similar to common colds and viruses so alternatively medical advice can be sought from your GP as we have had children diagnosed with things such as tonsillitis and chest infections. If your child will not be attending their session we must be informed by 10 am each day so that the absence can be recorded and their key person can be informed.

It has been lovely to see so many of your sharing your experiences with us on Tapestry. It is so important that we know what your child has done with you outside of nursery as it allows us to plan for their interest and creates a great foundation for many of the conversations that we can have with your children.

The pandemic last year meant that most of us did not get to experience the Christmas that we were used to. Many of us were unable to see family and forced to spend time alone. Upon reflection we have decided to close on Christmas Eve so the Christmas closure dates are as follows. For term time children the last day of term is Friday 17<sup>th</sup> December. For any children who attend all through the year, the final day of term will be Thursday 23<sup>rd</sup> December. All children can return for their regular sessions from Tuesday 4<sup>th</sup> January.

We would like to remind all parents who attend term time only that there is a half term in October. The last day of attendance for all term time children will be 22/10/2021 and their return date will be the week commencing 1/11/2021.

## Topics:

**Pear** – The children in Pear will be learning about different fairy-tales, they will be introduced to new words and explore a range of activities to support turn taking. Their book of the month will be 'The Gruffalo.'

**Plum** – The children in Plum are going to explore mythical creatures, each week they will learn about a new creature (unicorns, dragons, fairies and gnomes) the children will be exploring the characteristics of all the unique creatures. Their book of the month will be 'Room on the Broom'.

**Cherry** – The preschool children will be learning about their body. They will explore everything from bones to muscles as well as the characteristics that make us all different. Their book of the month will be 'What about me?'

Look at all the fun we've been having!



Instagram – risingstarsromford



Facebook – Rising stars Romford

 [daynurseries.co.uk](http://daynurseries.co.uk)

We're very pleased to currently have an overall rating of 9.7! For those that haven't please don't forget to visit [www.daynurseries.co.uk](http://www.daynurseries.co.uk) and leave the nursery a review!

### Upcoming events

- Friday 1<sup>st</sup> – World smile day
- W/C 4<sup>th</sup> – World space week
- Monday 4<sup>th</sup> – World animal day
- Tuesday 12<sup>th</sup> – National day of Spain
- Friday 15<sup>th</sup> – Dussehra
- Thursday 21<sup>st</sup> – Reptile awareness day
- Thursday 4<sup>th</sup> November – Diwali
- Friday 5<sup>th</sup> November – Bonfire night